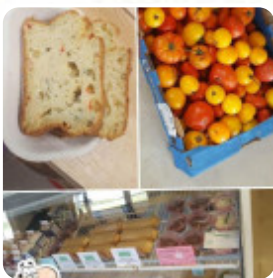




## Trufood Cafe Menu

<https://menuweb.menu>  
3766 Hwy 6, LIONS HEAD, Canada  
+15197933630 - <http://trufoodcafe.ca/>



A **comprehensive [menu](https://menuweb.menu)** of **Trufood Cafe** from LIONS HEAD featuring all **59** meals and drinks can be found here on the list. TruFood Cafe, located in the charming Lion's Head, ON, is a delightful American restaurant boasting an impressive average rating of 4.9 stars. Diners rave about their experiences, and if you're considering a visit, you can call ahead at (519) 793-3630 to inquire about busyness or to reserve a table. The cafe offers a variety of halal dietary options along with a delectable coffee selection. If you're intrigued by the menu but wish to explore more similar offerings, be sure to check out Ferndale Drive In and Crossroads Coffee House Giftworks. Have you dined at TruFood Cafe before? We encourage you to share your experience with a review!.

# Trufood Cafe Menu



## Soups

CHEESE SOUP

## Extras

CRANBERRIES

## Fish Dishes

FISH AND CHIPS

## Drinks

SMOOTHIES

## Pork

LION'S HEAD

## Starters & Salads

POTATO CHIPS

## Chicken

FRIED CHICKEN

## Sauces

BBQ

## Chicken Dishes

BBQ CHICKEN

## Milkshakes

MILK SHAKES

## Bread

BAGEL

## Mexican-American Food

EMPANADAS

## Sausages and Cold cuts

HEAD CHEESE

## Hot Drinks

COFFEE

TEA

## Pizza



BBQ CHICKEN PIZZA

CHICKEN PIZZA

WESTERN PIZZA

## Restaurant Category

GLUTEN FREE

VEGETARIAN

FRENCH

VEGAN

## Sandwiches



HAM AND CHEESE

EGG SANDWICH

BREAKFAST SANDWICH

TUNA MELT

TUNA SANDWICH

## Dessert

CHOCOLATE CHIP COOKIES

COOKIES

BROWNIES

MUFFINS

# Trufood Cafe Menu



## COOKIE

CHOCOLATE CHIP COOKIE

## These Types Of Dishes Are Being Served



DESSERTS

ROAST BEEF

BURGER

SOUP

MEAT

CHICKEN

TURKEY

FISH

SALAD

PANINI

PIZZA

## Ingredients Used



FETA

CHOCOLATE CHIP

SPINACH

PESTO

BROCCOLI

MILK

BACON

CHOCOLATE

TUNA

CHEESE

PORK MEAT

BEEF

HAM

EGG

BANANA

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## Trufood Cafe

3766 Hwy 6, LIONS HEAD,  
Canada

### Opening Hours:

Tuesday 06:00-17:00

Wednesday 06:00-17:00

Thursday 06:00-17:00

Friday 06:00-17:00

Saturday 06:00-20:00

Made with [Menu](#)

