

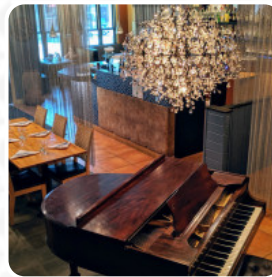


## Eclectic Med Menu

<https://menuweb.menu>

Vernon, 2915 30th Ave, Canada

+12505584646, +12535584646 - <https://themedvernon.com/>



On this webpage, you will find the **complete menu** of **Eclectic Med** from [Vernon](#). Currently, there are **82** menus and drinks available. The Med offers a blend of excellent service and varied dining experiences. While many patrons praise the professional staff and diverse wine selection, opinions on the food are mixed. Highlights include tasty dishes like moussaka and seafood souvlaki, along with standout appetizers like coconut-crusted prawns. However, some entrees have fallen short, with reports of bland flavors and underwhelming presentations. The ambiance is noted for its character, although quirky decor elements can be divisive. Overall, The Med is a solid choice for a relaxed meal, but diners may find the quality doesn't always justify the price.

# Eclectic Med Menu



## Salads

CAESAR SALAD

## Desserts

CHOCOLATE CAKE

## Alcoholic Drinks

ESPRESSO MARTINI

## Soups

TOMATO SOUP

## Main Courses

SIRLOIN

## Thai

RED CURRY

## Side Dishes

TRUFFLE FRIES

## Gnocchi

GNOCCHI

## Main Dishes

SEAFOOD PAELLA

## Starters & Salads

FRENCH FRIES

## Appetizer

SEAFOOD PLATTER

## Steaks

RIBEYE STEAK

## Starters

FIRST COURSE

## Indian

CHICKEN CURRY

## Spirits

MARTINI

## Tapas

PATATAS BRAVAS

## Appetizers

COCONUT SHRIMP

## Greek Specialties

MOUSSAKA

## Hot Drinks

COFFEE

## Coffee

ESPRESSO

## Brunch Extra

LAYERED POTATOES

## Sauces

SAUCE

# Eclectic Med Menu



## Latin American Food

PAELLA

## Non Alcoholic Drinks

WATER

SPRITE

## Seafood

CALAMARI

CRAB CAKES

## Drinks

BEER

DRINKS

## Sauces



MUSHROOM SAUCE

TOMATO SAUCE

CURRY SAUCE

## Dessert

CHOCOLATE MOUSSE

TARTUFO

SORBET

## Entrées

SAGANAKI

TOMATO CREAM SOUP

CRAB CAKE

FRIED SHRIMP

## Restaurant Category

GLUTEN FREE

GREEK

VEGETARIAN

MEDITERRANEAN

DESSERT

## Pasta

PENNE

LINGUINE

SEAFOOD PASTA

PASTA SHRIMP

SPAGHETTI CARBONARA

PASTA PRIMAVERA

## These Types Of Dishes Are Being Served



SOUVLAKI

SIRLOIN STEAK

TUNA STEAK

SALAD

FISH

SOUP

LOBSTER

APPETIZER

MEAT

CHICKEN

PASTA

MUSSELS

SPAGHETTI

BREAD

LAMB

## Ingredients Used

COCONUT

# Eclectic Med Menu



**MUSHROOMS**

**CHORIZO**

**RASPBERRY**

**CHILI**

**SHRIMP**

**SEAFOOD**

**TOMATO**

**CHOCOLATE**

**VEGETABLES**

**SCALLOPS**

**DUCK**

**SHRIMPS**

**PRAWNS**

**PORK MEAT**

**CHEESE**

**SHRIMP**

---

## Eclectic Med

Vernon, 2915 30th Ave, Canada

### Opening Hours:

Monday 11:30 - 22:00

Tuesday 11:30 - 22:00

Wednesday 11:30 - 22:00

Thursday 11:30 - 22:00

Friday 11:30 - 23:00

Saturday 11:30 - 23:00

Sunday 15:30 - 21:00

Made with [Menu](#)

