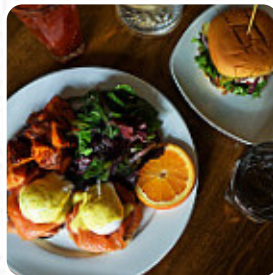
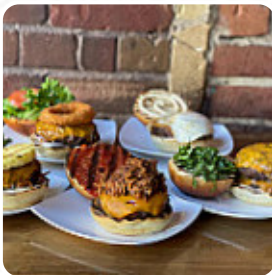




Insomnia Menu

<https://menuweb.menu>

563 Bloor Street West, Toronto M5S 1Y6., West Toronto, Canada
+14165883907 - <http://www.insomniarestaurant.com/>



The **menu of Insomnia** from West Toronto includes **102** dishes. On average the *dishes or drinks* on [the menu](#) cost approximately CA\$18. You can view the categories on the menu below. The restaurant in question has received mixed reviews from customers. While some found the food to be salty and potentially dangerous for those with allergies, others enjoyed their dining experience. The ambiance and service were generally praised, with highlights including the chicken and waffles, eier benedict, and house fries. However, issues with delivery service and food quality were also reported. Overall, it seems that the restaurant may be hit or miss, with some patrons having a positive experience while others were left disappointed.

Insomnia Menu



Smoothies

SMOOTHIE

Toast

FRENCH TOAST

Starters & Salads

FRENCH FRIES

Tacos

FISH TACO

Fish

SEA BASS

Fries

HOME FRIES

Omelettes

CHEESE OMELETTE

Main

PULLED PORK

Chicken Wings

WINGS

Kid's Menu

KIDS SWEET POTATO FRIES CA\$8

Kids' Menu

KIDS WAFFLE CA\$8

Beverages

RED BULL (250 ML.) CA\$9

Hot Drinks

COFFEE

Egg Dishes

OMELETTE

Pastries

FRESH BAKED CHOCOLATE
CHUNK COOKIE CA\$3

Coffee

ESPRESSO

Baked

LASAGNA CA\$35

Wood Fired Appetizers

GARDEN SALAD FOR 2 CA\$25

Side Orders & Appetizers

GARLIC BREAD WITH CHEESE CA\$14

Picked For You

1LB CHICKEN WINGS CA\$24

French

POUTINE CA\$21

Flame Broiled Burgers

JALALPENO BURGER CA\$32

Insomnia Menu

Sides

SWEET POTATO

Combo and Dairy

KAWARTHA ICE CREAM CA\$8

Mini Brunch

KIDS HOMEFRIES CA\$8

Kids's Menu

KIDS STEAMED BROCCOLI CA\$6

Snacks Section

HOUSE MADE CREAMY SLAW 8OZ CA\$6

Assortment

HAND-CUT FRIES CA\$14

Tap Fare

FRIED CHICKEN THIGH SANDWICH CA\$31

Sides Section

HOUSE CREAMY SLAW 8OZ CA\$6

Salads

CAESAR SALAD FOR 2 CA\$26
SALAD

Burger

CHEESEBURGER
VEGGIE BURGER

Chicken

CHICKEN WAFFLES

FRIED CHICKEN

Starters

BEET SALAD FOR 2 CA\$26

CHICKEN LINGUINI CA\$39

Mexican Dishes

TACO

TACOS

Kids Menu

KIDS POUTINE CA\$10

KIDS PASTA CA\$11

American Food

EGGS BENEDICT

MAC AND CHEESE

Kid's Meals

3 X 2OZ CHICKEN STRIPS CA\$11

KIDS FRIES WITH 2OZ KETCHUP CA\$7

Mains Section

SHRIMP LINGUINI CA\$39

OG BACON MAC CHEESE CA\$35

Pasta

WILD MUSHROOM PENNE CA\$36

LINGUINE

PENNE

Insomnia Menu

Side Dishes



- SWEET POTATO FRIES CA\$17
- CHEESE CURDS
- FRENCH FRIES

Drinks

- DRINKS
- BEER
- SMOOTHIES

Beverages Section

- SODA (355 ML.) CA\$3
- LARGE ESKA FLAT WATER (750 ML.) CA\$7
- LARGE ESKA SPARKLING WATER (750 ML.) CA\$7

Restaurant Category

- FRENCH
- VEGAN
- GLUTEN FREE

Sandwiches

- BLACK BEAN BURGER CA\$26
- GRILLED CHICKEN SANDWICH CA\$31
- BREAKFAST SANDWICH
- GRILLED CHEESE

Sauces

- BBQ
- SALSA
- KETCHUP
- GRAVY

Popular Items



- FRIED CHICKEN N WAFFLE CA\$39
- INSOMNIA CHEESEBURGER CA\$31
- CLIMAX CAKE CA\$15
- 6OZ CHARBROILED CHUCK BURGER CA\$10

Dessert

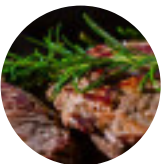
- NEW YORK CHEESECAKE CA\$15
- WARMED CHOCOLATE BROWNIE CA\$17
- TIRAMISU CA\$15
- WAFFLE CA\$18
- SORBET
- CREPES

These Types Of Dishes Are Being Served



- CHICKEN
- TOSTADAS
- FISH
- PANINI
- BURGER
- MEAT
- PASTA
- SALAD

Ingredients Used



- PORK MEAT
- MANGO
- SHRIMP
- EGG
- SYRUP

Insomnia Menu

TOFU

CHEESE

CHOCOLATE

BUTTER

BANANA

PEANUT BUTTER

JALAPENO

BACON

AVOCADO

MUSHROOMS

SPINACH

JALAPENOS

TOMATO

Insomnia

563 Bloor Street West, Toronto
M5S 1Y6., West Toronto, Canada

Opening Hours:

Monday 10:00 -02:00
Tuesday 10:00 -02:00
Wednesday 10:00 -02:00
Thursday 10:00 -02:00
Friday 10:00 -02:00
Saturday 10:00 -02:00
Sunday 10:00 -02:00

Made with [Menu](#)

