



## ***Sprout Menu***

<https://menulist.menu>

St John's, 364 Duckworth St, St. John's, Canada  
(+1)7095795485 - <http://thesproutrestaurant.com/>



Here you can find the [menu](#) of Sprout in [St. John's](#). At the moment, there are **25** dishes and drinks on the food list. You can inquire about changing offers via phone. What [User](#) likes about Sprout:

We have eaten at the Sprout on our two previous trips to St. John's so it was a given that we would go again on this third visit. We were not disappointed. The food was just as good, fresh and so delicious, as we remembered. On our first visit to St. John's we were frankly surprised to find a [vegetarian](#) restaurant there but I think it is a sign of the times that these restaurants are popping up and being successful.... [read more](#). When the weather conditions is nice you can also be served outside. What [User](#) doesn't like about Sprout:

Pretty standard, but tasty [vegetarian](#) food. I found the people working there kind, but a bit too relaxed to run a business. Several dishes were not available and I heard the staff talking about how they forgot to make something. But if you want [vegetarian](#) food, it is a good option and nice and laid back. We were satisfied, but not blown away. [read more](#). Sprout is famous for its original Canadian dishes, made from typical country ingredients,

Furthermore, the **sugar-sweet treats** of this restaurant sparkle not only in the eyes of our young guests. It should not be forgotten that there is a large diversity of *coffee and tea specialties* in this locale, there are also tasty [vegetarian](#) meals in the menu.

# ***Sprout Menu***



## ***Soups***

TOMATO BASIL SOUP

## ***Sandwiches & Hot Paninis***

BURRITO

## ***Side dishes***

POUTINE

## ***Thai specialties\****

PAD THAI

## ***Mexican***

ENCHILADA

## ***Nudelgerichte - Pasta***

CHICKEN NOODLES

## ***Breakfast Plates***

HUEVOS RANCHEROS

## ***Coffee***

COFFEE

## ***Mexican dishes***

BURRITOS

TACO

## ***Restaurant Category***

GLUTEN FREE

MEXICAN

VEGAN

VEGETARIAN

## ***Dishes are prepared with***

APPLE

TOMATO

MEAT

CHICKEN

TOMATE

## ***These types of dishes are being served***

NOODLES

BURGER

SALAD

DESSERTS

PASTA

SOUP

# ***Sprout Menu***



## ***Sprout***

St John's, 364 Duckworth St, St.  
John's, Canada

### **Opening Hours:**

Monday 11:30 - 21:00  
Tuesday 11:30 - 21:00  
Wednesday 11:30 - 21:00  
Thursday 11:30 - 21:00  
Friday 11:30 - 21:00  
Saturday 10:00 - 14:00; 16:00 -  
21:00

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