

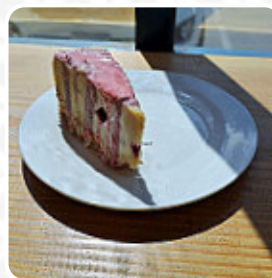


Glow Juicery and Raw Food Cafe Menu

<https://menuweb.menu>

3-5380 Trans Canada Hwy | SOL Centre, Duncan, British Columbia V9L 6W4, Canada, Cowichan

+12505972595 - <https://glowjuicery.ca/>



On this site, you can find the **complete [menu](#)** of **Glow Juicery and Raw Food Cafe** from Cowichan. Currently, there are **28** courses and drinks available. Glow offers a variety of raw, vegan food options that may be inconsistent at times but are generally delicious. They have great juices and smoothies, although prepackaged items can be hit or miss. Despite initial issues with mask compliance, recent updates show a lack of improvement. Many menu items may not be available, but the food that is served receives high praise for taste and quality. Conveniently located and offering meal plans, Glow is a must-visit for those seeking healthy, organic options in Duncan. Overall, a popular spot with a loyal customer base seeking nutritious, plant-based fare.

Glow Juicery and Raw Food Cafe Menu



Smoothies

SMOOTHIE

Entrées

STUFFED MUSHROOMS

Soups

MUSHROOM SOUP

Salad

TACO SALAD

Drinks

SMOOTHIES

Dessert

DONUTS

Indian

CHICKEN CURRY

Soft Drinks

JUICE

Mexican Dishes

TACO

Thai Dishes

PAD THAI

Beverages

JUICES

Restaurant Category



BAR

GLUTEN FREE

VEGAN

Ingredients Used

PEANUT BUTTER

BUTTER

CHILI

MUSHROOMS

ZUCCHINI

PESTO

COCONUT

These Types Of Dishes Are Being Served

DESSERTS

PASTA

ICE CREAM

NOODLES

SOUP

PIZZA

SALAD

Glow Juicery and Raw Food Cafe Men



Glow Juicery and Raw Food Cafe

3-5380 Trans Canada Hwy | SOL
Centre, Duncan, British Columbia
V9L 6W4, Canada, Cowichan

Opening Hours:

Monday 09:00-17:30
Tuesday 09:00-17:30
Wednesday 09:00-17:30
Thursday 09:00-17:30
Friday 09:00-17:30
Saturday 09:00-17:30
Sunday 10:00-17:00

Made with menuweb.menu

