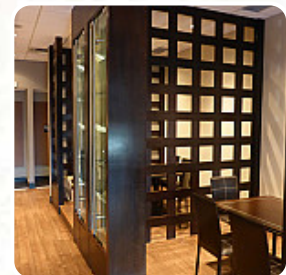




Haru Sushi and Grill Menu

<https://menulist.menu>

150-35 McKenzie Towne Ave SE, Calgary, Alberta, Canada
(+1)4034575880 - <http://www.myharu.ca/>



Here you can find the menu of Haru Sushi and Grill in Calgary. At the moment, there are **30** menus and drinks on the menu. You can inquire about *changing offers* via phone. What [User](#) likes about Haru Sushi and Grill:

We have been going to Haru for years, the place might need an update soon especially with the new Kinjo in Mahogany opening up. We still like Haru's sushi better, if you just take your basic Avocado roll it is a world of difference with Kinjo, hope Haru keeps making the portions the way they do... Teriyaki salmon our favorite [read more](#). The place also offers the possibility to sit outside and eat and drink in beautiful weather, And into the accessible spaces also come guests with wheelchairs or physiological limitations. What [User](#) doesn't like about Haru Sushi and Grill:

Good ambiance. Food was average, presentation was nice. But the price for what was received was excessive. Not good value for dollar. It is convenience fee on locals as there are no upscale sushi restaurants in the area. Will not be going back. [read more](#). During a meal, a good drink is essential. In this gastropub, you not only get delicious dishes from the menu but also a comprehensive and particularly good diversity of good beers and other alcoholic beverages that go well with the food, On the menu there are also several Asian dishes. The **Asian fusion cuisine** is also an important part of Haru Sushi and Grill. Anyone who finds the everyday and generally known meals too ordinary should approach with a willingness to experiment and try some exciting combination of ingredients taste, and a lot of fresh vegetables, fish and meat are used to prepare easily digestible Japanese meals.

Haru Sushi and Grill Menu



Non alcoholic drinks

WATER

Alcoholic Drinks

BEER

Appetizers

DYNAMITE

Main courses

SUSHI

Side dishes

STEAMED RICE

Appetizer

TEMPURA

Maki Sushi

DYNAMITE ROLL

Main Course

GYOZA

Classic Sushi Rollen

AVOCADO ROLL

Sonstiges

SASHIMI

Yaki-Grill Menü

PRAWN

Mantel Vegan

TERIYAKI SALMON

Hot drinks

TEA

From The Ocean

PRAWN TEMPURA

Breakfast - Shmeear Flavors

REGULAR

Salads

TUNA SALAD

TUNA SALAD

Pizza

SPICY

PIZZA SPECIAL

Restaurant Category

BAR

VEGETARIAN

These types of dishes are being served

FISH

SALAD

CHICKEN BREAST

Dishes are prepared with

CHICKEN

Haru Sushi and Grill Menu



AVOCADO

TERIYAKI

TOFU

POTATOES

WE HAVE

Haru Sushi and Grill Menu



Haru Sushi and Grill

150-35 McKenzie Towne Ave
SE, Calgary, Alberta, Canada

Opening Hours:

Monday 11:30-14:00 17:00-21:30
Tuesday 11:30-14:00 17:00-21:30
Wednesday 11:30-14:00 17:00-21:30
Thursday 11:30-14:00 17:00-21:30
Friday 11:30-14:00 17:00-21:30
Saturday 12:00-14:00 17:00-21:30
Sunday 12:00-14:00 17:00-21:30

Made with menulist.menu

