

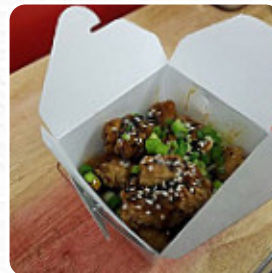


Rock Steady Cafe and Catering Menu

<https://menulist.menu>

691 28 St NE | Salmon Arm Curling Arena, Salmon Arm, British Columbia V1E 2S7, Canada

(+1)2508038409 - <http://Hungrypanda.ca>



Here you can find the [menu](#) of **Rock Steady Cafe and Catering** in [Salmon Arm](#). At the moment, there are 27 meals and drinks on the food list. You can inquire about *seasonal or weekly deals* via phone. What [User](#) likes about Rock Steady Cafe and Catering:

While this little gem has been operating out of the curling rink, they are on the move to a location downtown, where I'm sure they will be appreciated a lot more, as more people are exposed to their tasty dishes. Prices are mid-range, food is delicious. At the time of this review I can't say if there will be wait staff at the new location, or if alcohol will be served, but I do know making a trip downtown to find out... [read more](#). The rooms in the restaurant are wheelchair accessible and can also be used with a wheelchair or physiological disabilities, Depending on the weather conditions, you can also sit outside and eat and drink. What [User](#) doesn't like about Rock Steady Cafe and Catering:

We had heard good things about this cafe and decided to try it out for lunch. My friend and I shared a Chicken Pad Thai. It was lots of food. Enough that we brought home leftovers. I thought the overall flavour was fine but my friend thought they used too much fish sauce. One thing we did agree on: our food was painfully dry. I may go back for a soup but never again for the Thai food. The decor was rough, it is an old... [read more](#). Rock Steady Cafe and Catering from Salmon Arm prepares delicious dishes, refined with the known spices and (fish-)sauces of the Thai cuisine, along with plenty of freshly harvested vegetables, [seafood](#) and meat, Furthermore, the visitors of the establishment enjoy the large variety of the various **coffee and tea specialities** that the restaurant has available. The preparation of the dishes is done typically Asian, Besides, the creative blend of different meals with new and partially adventurous products is appreciated by the visitors - a beautiful case of Asian Fusion.

Rock Steady Cafe and Catering Menu



Appetizers

SATAY

Pizza

FUSION

Extras

GINGER

Meat dishes

YELLOW CURRY

Side dishes

JASMINE RICE

Specialties

TERIYAKI CHICKEN

Chicken

CURRY CHICKEN

*Thai specialties**

PAD THAI

Nudel-Reisgerichte

CHOW MEIN

Slushes

LIME

Coffee

COFFEE

Pad Thai Noodle

CHICKEN PAD THAI

Condiments and Sauces

CURRY

Sauces

SAUCE

Breakfast - Shmeear Flavors

REGULAR

Restaurant Category

BBQ

These types of dishes are being served

FISH

SOUP

NOODLES

Dishes are prepared with



CHICKEN

TOFU

COCONUT

TRAVEL

VEGETABLES

TERIYAKI

BEANS

BEEF

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691 28 St NE | Salmon Arm
Curling Arena, Salmon Arm,
British Columbia V1E 2S7,
Canada

Opening Hours:
Monday 11:00-19:00
Tuesday 11:00-19:00
Wednesday 11:00-19:00
Thursday 11:00-19:00
Friday 11:00-19:00
Saturday 11:00-19:00

Made with menulist.menu

