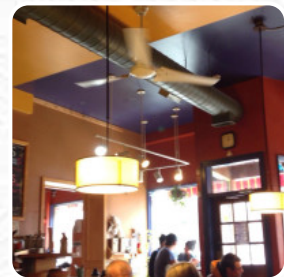
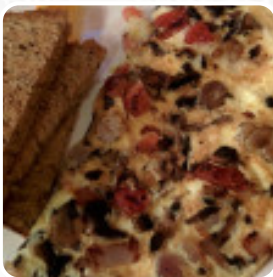




The Wild Oat Menu

<https://menuweb.menu>
817 Bank Street, Ottawa, Ontario, Canada
+16132326232 - <http://wildoat.ca>



On this webpage, you will find the **complete menu** of **The Wild Oat** from Ottawa. Currently, there are **44** menus and drinks available. The Wild Oat in [Ottawa](#) offers a vegetarian and vegan-friendly menu with a wide variety of options, including crepes, sandwiches, pastries, and baked goods. The atmosphere is cozy and welcoming, ideal for families and individuals alike. While prices may be a bit high, the quality of food and service make it worth the visit. The cafe is known for its fresh and delicious dishes, as well as its impressive selection of breads and baked treats. Overall, the Wild Oat is a beloved spot in the neighborhood, offering great food in a charming setting perfect for a casual meal or snack.

The Wild Oat Menu



Desserts

CHOCOLATE CAKE

Non Alcoholic Drinks

WATER

Entrées

CHEESE STICKS

Main Courses

LASAGNA

Vegetarian

VEGGIE SANDWICH

Toast

AVOCADO TOAST

Vegetarian Dishes

CARROT CAKE

Soft Drinks

JUICE

Fresh Juices

CARROT JUICE

Warme Getränke

CAPPUCINO

Hot Drinks

COFFEE

Bread

BAGUETTE

Egg Dishes

OMELETTE

French

CROISSANT

Insalata

KALE CAESAR

Softs & Mixers

FRUIT JUICE

Condiments And Sauces

HUMMUS

Sides

SWEET POTATO

Salads

SIDE SALAD

CAESAR SALAD

Sandwiches

BREAKFAST SANDWICH

EGG SANDWICH

Drinks

DRINKS

BEER

SMOOTHIES

The Wild Oat Menu



ICED AMERICANO

Restaurant Category

VEGETARIAN

VEGAN

GLUTEN FREE

DESSERT

Dessert

CINNAMON ROLL

BROWNIE

COOKIES

CHEESECAKE

CREPES

FRESH FRUIT SALAD

MUFFINS

These Types Of Dishes Are Being Served



TOSTADAS

MEAT

PIZZA

BURGER

BREAD

SANDWICH

WRAP

SALAD

PANINI

Ingredients Used



EGG

FRUIT

CHEESE

VEGETABLES

OATMEAL

CHOCOLATE CHIP

GINGER

CARAMEL

MILK

CHILI

AVOCADO

CHOCOLATE

TOFU

KALE

The Wild Oat

817 Bank Street, Ottawa,
Ontario, Canada

Opening Hours:

Monday 08:00 -18:00

Tuesday 08:00 -18:00

Wednesday 08:00 -18:00

Thursday 08:00 -18:00

Friday 08:00 -18:00

Saturday 08:00 -18:00

Sunday 08:00 -18:00

Made with menuweb.menu

