



## La Prep Menu

<https://menulist.menu>

150 Metcalfe St | Suite 100, Ottawa, Ontario K2P 1P1, Canada  
(+1)6132372806,(+1)8196395565 - <http://www.laprep.com>



Here you can find the menu of La Prep in Ottawa. At the moment, there are 19 menus and drinks on the card.

You can inquire about changing offers via phone. What [User](#) likes about La Prep:

Super friendly staff, cheery atmosphere, above all, the panini with Thai soup was excellent. On our way out, my wife took a pina colada smoothie which she really enjoyed and I topped it off with their organic coffee; also excellent. Reasonably priced, a few blocks away from Parliament Hill (corner of Laurier and Metcalfe). [read more](#). You can use the WLAN of the establishment free of charge, And into the accessible rooms also come guests with wheelchairs or physiological limitations. If the weather are right, you can also eat and drink outside. What [User](#) doesn't like about La Prep:

Near to our hotel this served as a useful quick breakfast when we did not want the full buffet on offer there. A few seats meant we could eat in, though most customers appeared to be picking up food on the way into work. [read more](#). La Prep from Ottawa is in demand for its mouth-watering burgers, to which **tasty fries, salads and other sides** are provided, It shows that the versatile *Canadian meals* are well received by the guests of the local. Even if you're only not so much hungry, you can still treat yourself to one of the tasty **sandwiches**, a small salad or another snack, Likewise, the customers of the establishment prefer the extensive selection of differing coffee and tea specialities that the establishment provides.

# *La Prep Menu*



## *Süßes*

MUFFINS

## *Pizza*

PINA

## *Starters & Salads*

FRIES

## *Cocktails*

PINA COLADA

## *Soft drinks*

ORANGE JUICE

## *Main Course*

NICE

## *Breaded Special Rolls*

APPLES

## *Fresh Juices*

CARROT

## *Milchshakes*

SMOOTHIE

## *Popular Items*

SMOOTHIES

## *Coffee*

COFFEE

## *Restaurant Category*

GLUTEN FREE

## *These types of dishes are being served*

PANINI

SOUP

BURGER

## *Dishes are prepared with*

MILK

TOMATOES

ANANAS CHICKEN

FETA

# La Prep Menu



## La Prep

150 Metcalfe St | Suite 100,  
Ottawa, Ontario K2P 1P1,  
Canada

**Opening Hours:**  
Monday 7:00-17:00  
Tuesday 7:00-17:00  
Wednesday 7:00-17:00  
Thursday 7:00-17:00  
Friday 7:00-17:00

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