



Roots Kitchen & Bar Menu

<https://menulist.menu>

4000 James Hill Road, Regina, Saskatchewan S0G 4G0, Canada

(+1)3065598829 - http://www.facebook.com/rootskitchenandbar/?ref=br_rs



Here you can find the menu of Roots Kitchen & Bar in Regina. At the moment, there are 52 meals and drinks on the food list. You can inquire about **changing offers** via phone. What [User](#) likes about Roots Kitchen & Bar: We had lunch with my Mom, 2 aunts, 2 cousins and my wife, and everyone really enjoyed their food. The service was reasonably quick, the atmosphere is quiet and the decor interesting. The location is a tad obscure but it's well worth searching out. It's a little gem. [read more](#). The restaurant and its rooms are wheelchair accessible and thus reachable with a wheelchair or physical disabilities, Depending on the weather conditions, you can also sit outside and eat. WiFi is available free of charge. What [User](#) doesn't like about Roots Kitchen & Bar: Tried this place out for lunch during my work day, service was very slow. Arrived at noon, not busy. Appeared to only be two wait staff. Did not get food until 12:45. Too long to wait for a chicken burger and small [pizza](#). Burger was good but not overly memorable, "artisan greens" was a garden salad. [Pizza](#) looked doughy. I was late getting back to work. [read more](#). Look forward to the **diverse, fine Mexican cuisine**, traditionally prepared with corn, beans and chilies (hot peppers), You can also unwind at the bar with a *freshly tapped beer* or other alcoholic and non-alcoholic drinks. Even if you're not so hungry, you can treat yourself to one of the fine sandwiches, a small salad or another snack, this [sports bar](#) is a favourite among the visitors, who enjoy not only the fantastic food and drinks, but also the opportunity to watch the latest games or races on the big TV.

Roots Kitchen & Bar Menu



Soups

SOUP OF THE DAY

10 most popular

ORIGINAL

Salad

CAESAR SALAD

Extras

BRIE

Sandwich, Bagels, Burger

GRILLED CHEESE SANDWICH

Fish dishes

FISH TACOS

Side dishes

MIXED VEGETABLES

Chicken

CURRY CHICKEN

Soft drinks

ORANGE JUICE

American Food

EGGS BENEDICT

Sweets & Desserts

BANANA BREAD

Cereals

STARTER

Burgers

CHICKEN BURGER

Coffee

COFFEE

Zuppe e Insalate

BEET SALAD

Drinks

DRINKS

Sauces

SAUCE

Breakfast - Shmear Flavors

REGULAR

Hash Browns and Sides

HASH BROWNS

Toast

FRENCH TOAST

TOAST

Sandwiches

CHEESE SANDWICH

GRILLED CHEESE SANDWICH

Roots Kitchen & Bar Menu



Condiments and Sauces

CURRY
MUSHROOM

Salads

CAESAR SALAD
TACOS
GARDEN SALAD

Restaurant Category



GLUTEN FREE
BAR
MEXICAN

FRENCH

Dishes are prepared with



POTATOES
BEEF
CHEESE

CHICKEN

PASTRAMI
POTATO
VEGETABLES
EGGS
BANANA
QUINOA

These types of dishes are being served



FISH
SOUP
TOSTADAS

PANINI
BREAD
BURGER
PASTA
PIZZA
SANDWICH
SALAD

Roots Kitchen & Bar Menu



Roots Kitchen & Bar

4000 James Hill Road, Regina,
Saskatchewan S0G 4G0,
Canada

Opening Hours:
Sunday 8:00-19:00
Monday 8:00-19:00
Tuesday 8:00-19:00
Wednesday 8:00-19:00
Thursday 8:00-19:00
Friday 8:00-19:00
Saturday 8:00-19:00

Made with menulist.menu

