



## ***Bens Meat And Deli Menu***

<https://menulist.menu>

15726 Stony Plain Rd, Edmonton, AB T5P 3Z5, Canada  
+17804891424 - <http://www.bensmeats.com/>



Here you can find the [menu](#) of Bens Meat And Deli in Edmonton. At the moment, there are **15** menus and drinks on the menu. You can inquire about *changing offers* via phone. What [User](#) likes about Bens Meat And Deli: I love this place! they are very strict in preventing cross-contamination. owners and sons are both zöliakie. they were also very great to show me the milk-free food, as I am also lactose intolerant. [read more](#). In Bens Meat And Deli in Edmonton, they prepare tasty [pizza](#) using a traditional method, served fresh, The **light and healthy meals** on the menu also rate among the trendy dishes of the guests.

# ***Bens Meat And Deli Menu***



## ***Side dishes***

POUTINE

## ***Starters & Salads***

FRIES

## ***Chicken dishes***

CHICKEN FINGERS

## ***Dessert***

DONUTS

## ***Breaded Special Rolls***

APPLES

## ***Restaurant Category***

GLUTEN FREE

***These types of dishes are  
being served***

PIZZA

## ***Appetizers***

SPRING ROLLS

NUGGETS

## ***Chicken***

CHICKEN STRIPS

CHICKEN NUGGETS

## ***Ingredients Used***

MILK

CHICKEN

EGGS

MEAT

# ***Bens Meat And Deli Menu***



## ***Bens Meat And Deli***

15726 Stony Plain Rd,  
Edmonton, AB T5P 3Z5, Canada

Opening Hours:  
---

Made with [menulist.menu](https://menulist.menu)

