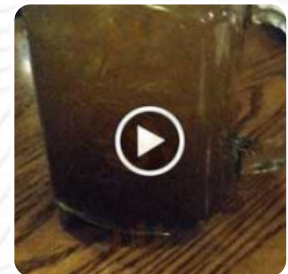


## ***The Barley Mow Old Ottawa South Menu***

<https://menulist.menu>  
1060 Bank St, Ottawa I-K1S 3X2, Canada  
**+16137301279**



On this website, you can find the complete menu of The Barley Mow Old Ottawa South from Ottawa. Currently, there are 2 meals and drinks available. For **seasonal or weekly deals**, please contact the owner of the restaurant directly. You can also contact them through their website. What [User](#) likes about The Barley Mow Old Ottawa South:

That's a wrap!. I haven't tried too many things on the menu, but i must say that I am addicted to the grilled chicken wrap... and so is everyone at my work. This wrap has lettuce, tomato, tzaziki, and spicy eggplant!! usually order it with 1/2 salad, 1/2 chippers. Sooooo good!They have another chicken wrap, which has breaded chicken and it is also delicious, but I usually opt for the healthy grilled choice. This one ha... [read more](#). The Barley Mow Old Ottawa South from Ottawa is a suitable bar to a **cocktail after work**, and sit with friends or alone, It shows that the versatile *Canadian meals* are well received by the customers of the local.

# *The Barley Mow Old Ottawa South Menu*



## *Salads*

LETTUCE

## *Wraps*

GRILLED CHICKEN WRAP

## *Starters & Salads*

WINGS

## *Chicken*

GRILLED CHICKEN

## *Sauces*

RANCH DRESSING

## *Tapas*

EGGPLANT

## *Add-Ons*

RANCH

## *Ingredients Used*



CHICKEN

CHEESE

BACON

TOMATE

*These types of dishes are  
being served*

BURGER

SALAD

WRAP

CHICKEN WRAP

# *The Barley Mow Old Ottawa South Menu*



## *The Barley Mow Old Ottawa South*

1060 Bank St, Ottawa I-K1S 3X2,  
Canada

**Opening Hours:**  
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 gallery image