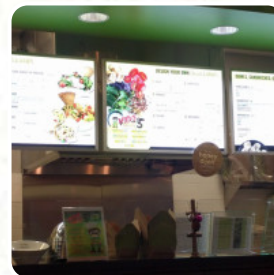
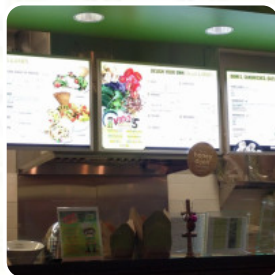




The Chopped Leaf Menu

<https://menulist.menu>

31 Clearview Market Way | #120, Red Deer, Alberta T4P 0M9, Canada
+14033485323 - <https://www.choppedleaf.ca>



Calories	Fat(g)	Sat Fat(g)	Trans Fat(g)	Sugars(g)	Cholesterol(mg)	Sodium(mg)	Fiber(g)	Protein(g)
ar Size								
71	8.8	0.5	0	0	0.4	0.8	0	0.5
81	8.2	0.7	0	0	0.7	0.8	0	0.8
82	8.9	0.8	0	0	0.6	0.7	0	0.4
82	10.2	0.8	0	0	0.8	0.5	0	0.2
85	5.2	0.8	0	0	0.3	0	0	0.9
85	5.4	0.8	0	0	0.4	0	0	0.9
86	5.3	0.7	0	0	0.4	0.8	0	0.2
119	10.7	1.1	0	0	0.9	0.3	0	0.9
74	7.7	1.1	0	0	1.1	1.2	0	0.8
0	0	0	0	0	0	0	0	0
DR								
90	2	0	0	0	0.8	0	0	2.1
71	17.4	1.9	0	0	0.9	1.5	0	2.5
52	3	0.4	0	0	0.8	0.4	0	0.9
12	0.4	0.1	0	0	0.1	0.1	0	0.4
188	16.8	2.3	0	0	1.1	1.1	0	0.8
81	1.2	0.5	0	0	0.2	0.2	0	0.2
83	1.5	0.5	0	0	0.2	0.2	0	0.2
112.2	10.1	1.6	0	0	0.8	0.5	0	1.8
228	9	0.5	0	0	4	20	4	7
25	2.8	0.8	0	0	0	0	0	0
40	4	0.9	0	0	0.5	0	0	0.9

Here you can find the [menu](#) of The Chopped Leaf in Red Deer. At the moment, there are 18 dishes and drinks on the card. You can inquire about *changing offers* via phone. What [User](#) likes about The Chopped Leaf: We were driving through Red Deer, the family grabs the quick drive through breakfast options, which I can not eat because I am gluten free, if you are GF you understand the struggle. I saw that the Chopped Leaf was open early and they made me a custom omelette it was perfect! Their food is always fresh, filling and tasty!! [read more](#). In nice weather you can even have something in the outdoor area, and into the accessible spaces also come customers with wheelchairs or physical disabilities. What [User](#) doesn't like about The Chopped Leaf: Was there with family and friends for the first time. It is not a large venue so getting there before the noon rush is a good idea. Ordering is done at the counter and you have the choice of the starter size or the full order of any kind. I was pleased with the taste of the food and it's freshness but not shall I say the wow factor. It is just a good place to get a wholesome light lunch. It is quite busy so many peop... [read more](#). At The Chopped Leaf in Red Deer, a **hearty brunch** is served in the morning, where you can have your fill enjoy thoroughly, also, the guests of the establishment love the comprehensive selection of differing **coffee and tea specialities** that the restaurant has to offer. When you're not so ravenous, you can just treat yourself to one of the fine sandwiches, a small salad or another snack, generally, the dishes are prepared in a short time and fresh for you.

The Chopped Leaf Menu



Non alcoholic drinks

WATER

Soups

TOMATO SOUP

Eggs & Pancakes

OMELETTE

Dessert

MUFFINS

Kids Meal

KIDS MEAL

Coffee

COFFEE

Restaurant Category

VEGAN

VEGETARIAN

GLUTEN FREE

Ingredients Used

MEAT

FRUIT

BASMATI RICE

These types of dishes are being served

SOUP

WRAP

QUESADILLAS

SALAD

SOPES

The Chopped Leaf Menu



The Chopped Leaf

31 Clearview Market Way | #120,
Red Deer, Alberta T4P 0M9,
Canada

Opening Hours:

Monday 09:00 -20:00
Tuesday 09:00 -20:00
Wednesday 09:00 -20:00
Thursday 09:00 -20:00
Friday 09:00 -20:00
Saturday 09:00 -20:00
Sunday 10:00 -19:00

Made with menulist.menu

