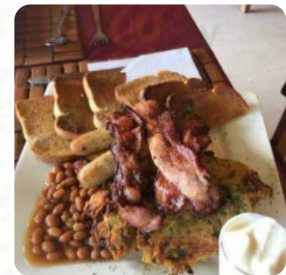




## ***Appetit Food for Thought Menu***

<https://menulist.menu>

534 First Avenue, Ladysmith, British Columbia, Canada  
(+1)2509241321 - <https://appetit.business.site/>



Here you can find the menu of Appetit Food for Thought in Ladysmith. At the moment, there are **20** menus and drinks on the menu. You can inquire about *seasonal or weekly deals* via phone. What [Julia Simmons Finnie](#) likes about Appetit Food for Thought:

Cute little four table diner! Oldest building in the city with cool little nooks and crannies. Food was perfectly seasoned and prepared. Kids and hubby loved the classic breakfast while I devoured the west coast salmon Benny. Drool. Atmosphere is mixed with Asian details and chef themed Nic make. Staff was just lovely. [read more](#). The restaurant also offers the possibility to sit outside and be served in nice weather. With original Asian spices delicious traditional dishes are prepared in the kitchen of Appetit Food for Thought in [Ladysmith](#), The tasty sandwiches, healthy salads and other snacks are also suitable for a snack. If you love spicy dishes, you will find exactly what you're looking for in **Thai dishes**, It's worth mentioning that the versatile Canadian menus are well received by the visitors of the establishment.

# ***Appetit Food for Thought Menu***



## ***Pizza***

PIZZA SPECIAL

## ***Chicken***

ANANAS CHICKEN

## ***Indian***

CHICKEN CURRY

## ***American Food***

EGGS BENEDICT

## ***Breakfast Menu***

ENGLISH BREAKFAST

## ***Coffee***

COFFEE

## ***Sauces***

SAUCE

## ***Restaurant Category***

VEGAN

## ***Sauces***

HOLLANDAISE

CURRY SAUCE

## ***Ingredients Used***

BEEF

CHICKEN

***These types of dishes are  
being served***

NOODLES

SOUP

PANINI

SOPES

SALAD

SANDWICH

# *Appetit Food for Thought Menu*



## *Appetit Food for Thought*

534 First Avenue, Ladysmith,  
British Columbia, Canada

### **Opening Hours:**

Monday 08:00-14:00  
Tuesday 08:00-14:00  
Wednesday 08:00-14:00  
Thursday 08:00-14:00  
Friday 08:00-14:00

Made with [menulist.menu](https://menulist.menu)

 gallery image

