



	Calories	Total Fat	Total Carb	Total Protein	Total Sodium
800	150	7.5g	11g	5g	265mg
840	160	6.5g	20g	8.5g	210mg
880	170	5.5g	29g	12g	165mg
920	180	4.5g	38g	15.5g	120mg
960	190	3.5g	47g	19g	75mg
1000	200	2.5g	56g	22.5g	30mg
1040	210	1.5g	65g	26g	-15mg
1080	220	0.5g	74g	29.5g	-70mg
1120	230	-0.5g	83g	33g	-135mg
1160	240	-1.5g	92g	36.5g	-200mg
1200	250	-2.5g	101g	40g	-265mg
1240	260	-3.5g	110g	43.5g	-330mg
1280	270	-4.5g	119g	47g	-395mg
1320	280	-5.5g	128g	50.5g	-460mg
1360	290	-6.5g	137g	54g	-525mg
1400	300	-7.5g	146g	57.5g	-590mg
1440	310	-8.5g	155g	61g	-655mg
1480	320	-9.5g	164g	64.5g	-720mg
1520	330	-10.5g	173g	68g	-785mg
1560	340	-11.5g	182g	71.5g	-850mg
1600	350	-12.5g	191g	75g	-915mg
1640	360	-13.5g	200g	78.5g	-980mg
1680	370	-14.5g	209g	82g	-1045mg
1720	380	-15.5g	218g	85.5g	-1110mg
1760	390	-16.5g	227g	89g	-1175mg
1800	400	-17.5g	236g	92.5g	-1240mg
1840	410	-18.5g	245g	96g	-1305mg
1880	420	-19.5g	254g	99.5g	-1370mg
1920	430	-20.5g	263g	103g	-1435mg
1960	440	-21.5g	272g	106.5g	-1500mg
2000	450	-22.5g	281g	110g	-1565mg
2040	460	-23.5g	290g	113.5g	-1630mg
2080	470	-24.5g	299g	117g	-1695mg
2120	480	-25.5g	308g	120.5g	-1760mg
2160	490	-26.5g	317g	124g	-1825mg
2200	500	-27.5g	326g	127.5g	-1890mg
2240	510	-28.5g	335g	131g	-1955mg
2280	520	-29.5g	344g	134.5g	-2020mg
2320	530	-30.5g	353g	138g	-2085mg
2360	540	-31.5g	362g	141.5g	-2150mg
2400	550	-32.5g	371g	145g	-2215mg
2440	560	-33.5g	380g	148.5g	-2280mg
2480	570	-34.5g	389g	152g	-2345mg
2520	580	-35.5g	398g	155.5g	-2410mg
2560	590	-36.5g	407g	159g	-2475mg
2600	600	-37.5g	416g	162.5g	-2540mg
2640	610	-38.5g	425g	166g	-2605mg
2680	620	-39.5g	434g	169.5g	-2670mg
2720	630	-40.5g	443g	173g	-2735mg
2760	640	-41.5g	452g	176.5g	-2800mg
2800	650	-42.5g	461g	180g	-2865mg
2840	660	-43.5g	470g	183.5g	-2930mg
2880	670	-44.5g	479g	187g	-2995mg
2920	680	-45.5g	488g	190.5g	-3060mg
2960	690	-46.5g	497g	194g	-3125mg
3000	700	-47.5g	506g	197.5g	-3190mg
3040	710	-48.5g	515g	201g	-3255mg
3080	720	-49.5g	524g	204.5g	-3320mg
3120	730	-50.5g	533g	208g	-3385mg
3160	740	-51.5g	542g	211.5g	-3450mg
3200	750	-52.5g	551g	215g	-3515mg
3240	760	-53.5g	560g	218.5g	-3580mg
3280	770	-54.5g	569g	222g	-3645mg
3320	780	-55.5g	578g	225.5g	-3710mg
3360	790	-56.5g	587g	229g	-3775mg
3400	800	-57.5g	596g	232.5g	-3840mg
3440	810	-58.5g	605g	236g	-3905mg
3480	820	-59.5g	614g	239.5g	-3970mg
3520	830	-60.5g	623g	243g	-4035mg
3560	840	-61.5g	632g	246.5g	-4100mg
3600	850	-62.5g	641g	250g	-4165mg
3640	860	-63.5g	650g	253.5g	-4230mg
3680	870	-64.5g	659g	257g	-4295mg
3720	880	-65.5g	668g	260.5g	-4360mg
3760	890	-66.5g	677g	264g	-4425mg
3800	900	-67.5g	686g	267.5g	-4490mg
3840	910	-68.5g	695g	271g	-4555mg
3880	920	-69.5g	704g	274.5g	-4620mg
3920	930	-70.5g	713g	278g	-4685mg
3960	940	-71.5g	722g	281.5g	-4750mg
4000	950	-72.5g	731g	285g	-4815mg
4040	960	-73.5g	740g	288.5g	-4880mg
4080	970	-74.5g	749g	292g	-4945mg
4120	980	-75.5g	758g	295.5g	-5010mg
4160	990	-76.5g	767g	299g	-5075mg
4200	1000	-77.5g	776g	302.5g	-5140mg
4240	1010	-78.5g	785g	306g	-5205mg
4280	1020	-79.5g	794g	309.5g	-5270mg
4320	1030	-80.5g	803g	313g	-5335mg
4360	1040	-81.5g	812g	316.5g	-5400mg
4400	1050	-82.5g	821g	320g	-5465mg
4440	1060	-83.5g	830g	323.5g	-5530mg
4480	1070	-84.5g	839g	327g	-5595mg
4520	1080	-85.5g	848g	330.5g	-5660mg
4560	1090	-86.5g	857g	334g	-5725mg
4600	1100	-87.5g	866g	337.5g	-5790mg
4640	1110	-88.5g	875g	341g	-5855mg
4680	1120	-89.5g	884g	344.5g	-5920mg
4720	1130	-90.5g	893g	348g	-5985mg
4760	1140	-91.5g	902g	351.5g	-6050mg
4800	1150	-92.5g	911g	355g	-6115mg
4840	1160	-93.5g	920g	358.5g	-6180mg
4880	1170	-94.5g	929g	362g	-6245mg
4920	1180	-95.5g	938g	365.5g	-6310mg
4960	1190	-96.5g	947g	369g	-6375mg
5000	1200	-97.5g	956g	372.5g	-6440mg
5040	1210	-98.5g	965g	376g	-6505mg
5080	1220	-99.5g	974g	379.5g	-6570mg
5120	1230	-100.5g	983g	383g	-6635mg
5160	1240	-101.5g	992g	386.5g	-6700mg
5200	1250	-102.5g	1001g	390g	-6765mg
5240	1260	-103.5g	1010g	393.5g	-6830mg
5280	1270	-104.5g	1019g	397g	-6895mg
5320	1280	-105.5g	1028g	400.5g	-6960mg
5360	1290	-106.5g	1037g	404g	-7025mg
5400	1300	-107.5g	1046g	407.5g	-7090mg
5440	1310	-108.5g	1055g	411g	-7155mg
5480	1320	-109.5g	1064g	414.5g	-7220mg
5520	1330	-110.5g	1073g	418g	-7285mg
5560	1340	-111.5g	1082g	421.5g	-7350mg
5600	1350	-112.5g	1091g	425g	-7415mg
5640	1360	-113.5g	1100g	428.5g	-7480mg
5680	1370	-114.5g	1109g	432g	-7545mg
5720	1380	-115.5g	1118g	435.5g	-7610mg
5760	1390	-116.5g	1127g	439g	-7675mg
5800	1400	-117.5g	1136g	442.5g	-7740mg
5840	1410	-118.5g	1145g	446g	-7805mg
5880	1420	-119.5g	1154g	449.5g	-7870mg
5920	1430	-120.5g	1163g	453g	-7935mg
5960	1440	-121.5g	1172g	456.5g	-8000mg
6000	1450	-122.5g	1181g	460g	-8065mg
6040	1460	-123.5g	1190g	463.5g	-8130mg
6080	1470	-124.5g	1199g	467g	-8195mg
6120	1480	-125.5g	1208g	470.5g	-8260mg
6160	1490	-126.5g	1217g	474g	-8325mg
6200	1500	-127.5g	1226g	477.5g	-8390mg
6240	1510	-128.5g	1235g	481g	-8455mg
6280	1520	-129.5g	1244g	484.5g	-8520mg
6320	1530	-130.5g	1253g	488g	-8585mg
6360	1540	-131.5g	1262g	491.5g	-8650mg
6400	1550	-132.5g	1271g	495g	-8715mg
6440	1560	-133.5g	1280g	498.5g	-8780mg
6480	1570	-134.5g	1289g	502g	-8845mg
6520	1580	-135.5g	1298g	505.5g	-8910mg
6560	1590	-136.5g	1307g	509g	-8975mg
6600	1600	-137.5g	1316g	512.5g	-9040mg
6640	1610	-138.5g	1325g	516g	-9105mg
6680	1620	-139.5g	1334g	519.5g	-9170mg
6720	1630	-140.5g	1343g	523g	-9235mg
6760	1640	-141.5g	1352g	526.5g	-9300mg
6800	1650	-142.5g	1361g	530g	-9365mg
6840	1660	-143.5g	1370g	533.5g	-9430mg
6880	1670	-144.5g	1379g	537g	-9495mg
6920	1680	-145.5g	1388g	540.5g	-9560mg
6960	1690	-146.5g	1397g	544g	-9625mg
7000	1700	-147.5g	1406g	547.5g	-9690mg
7040	1710	-148.5g	1415g	551g	-9755mg
7080	1720	-149.5g	1424g	554.5g	-9820mg
7120	1730	-150.5g	1433g	558g	-9885mg
7160	1740	-151.5g	1442g	561.5g	-9950mg
7200	1750	-152.5g	1451g	565g	-10015mg
7240	1760	-153.5g	1460g	568.5g	-10080mg
7280	1770	-154.5g	1469g	572g	-10145mg
7320	1780	-155.5g	1478g	575.5g	-10210mg
7360	1790	-156.5g	1487g	579g	-10275mg
7400	1800	-157.5g	1496g	582.5g	-10340mg
7440	1810	-158.5g	1505g	586g	-10405mg
7480	1820	-159.5g	1514g	589.5g	-10470mg
7520	1830	-160.5g	1523g	593g	-10535mg
7560	1840	-161.5g	1532g	596.5g	-10600mg
7600	1850	-162.5g	1541g	600g	-10665mg
7640	1860	-163.5g	1550g	603.5g	-10730mg
7680	1870	-164.5g	1559g	607g	-10795mg
7720	1880	-165.5g	1568g	610.5g	-10860mg
7760	1890	-166.5g	1577g	614g	-10925mg
7800	1900	-167.5g	1586g	617.5g	-10990mg
7840	1910	-168.5g	1595g	621g	-11055mg
7880	1920	-169.5g	1604g	624.5g	-11120mg
7920	1930	-170.5g	1613g	628g	-11185mg
7960	1940	-171.5g	1622g	631.5g	-11250mg
8000	1950	-172.5g	1631g	635g	-11315mg
8040	1960	-173.5g	1640g	638.5g	-11380mg
8080	1970	-174.5g	1649g	642g	-11445mg
8120	1980	-175.5g	1658g	645.5g	-11510mg
8160	1990	-176.5g	1667g	649g	-11575mg
8200	2000	-177.5g	1676g	652.5g	-11640mg
8240	2010	-178.5g	1685g	656g	-11705mg
8280	2020	-179.5g	1694g	659.5g	-11770mg
8320	2030	-180.5g	1703g	663g	-11835mg
8360	2040	-181.5g	1712g	666.5g	-11900mg
8400	2050	-182.5g	1721g	670g	-11965mg
8440	2060	-183.5g	1730g	673.5g	-12030mg
8480	2070	-184.5g	1739g	677g	-12095mg
8520	2080	-185.5g	1748g	680.5g	-12160mg
8560	2090	-186.5g	1757g	684g	-12225mg
8600	2100	-187.5g	1766g	687.5g	-12290mg
8640	2110	-188.5g	1775g	691g	-12355mg

Shark Club Sports Grill Menu



Salads

CAESAR SALAD

Non Alcoholic Drinks

WATER

Pizza

PIZZA MARGHERITA

Starters & Salads

FRENCH FRIES

Chicken Wings

WINGS

Cocktail

MARGARITA

Ingredients Used

ONION

Drinks

DRINKS

BEER

Entrées

ONION RINGS

FRIED PICKLES

LETTUCE WRAPS

Side Dishes

TATER TOTS

TOTS

PICKLES

These Types Of Dishes Are Being Served

PIZZA

BURGER

SALAD

TUNA STEAK

Shark Club Sports Grill

233 Hargrave St, Winnipeg,
Canada

Opening Hours:

Monday 11:00 -00:00
Tuesday 11:00 -00:00
Wednesday 11:00 -00:00
Thursday 11:00 -00:00
Friday 11:00 -01:00
Saturday 12:00 -01:00
Sunday 12:00 -00:00

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