



Ben & Florentine Menu

<https://menuweb.menu>

1015 av Wilfrid-Pelletier, Québec, QC G1W 0C4, Sainte-Foy, Canada
+14186586222 - <http://benetflorentine.com/>



On this webpage, you will find the **complete menu** of Ben & Florentine from Sainte-Foy. Currently, there are **35** meals and drinks available. The restaurant offers a variety of breakfast options, with delicious food and unlimited coffee. They are known for their sun shine eggs with bacon and gluten-free options. Despite some issues with orders being served at different times, the overall experience is positive with attentive service. The menu has a vast selection of flavors and the food is satisfying with big portions at reasonable prices. It is recommended for a tasty and fulfilling breakfast or brunch experience.

Ben & Florentine Menu



Vegetarian

PARMESAN ASPARAGUS

Sandwiches

BREAKFAST SANDWICH

Chicken

GRILLED CHICKEN

Sauces

MAYO

Dipping Sauces

CHIPOTLE MAYO

Juices Small (0,3L)

FRESH ORANGE JUICE

American Food

EGGS BENEDICT

Hot Drinks

COFFEE

Toast

TOAST

FRENCH TOAST

Soft Drinks

JUICE

ORANGE JUICE

Dessert

DONUT

CREPES

WAFFLE

Restaurant Category

GLUTEN FREE

FRENCH

VEGETARIAN

These Types Of Dishes Are Being Served

SANDWICH

CHICKEN

BURGER

TOSTADAS

PANINI

Ingredients Used



SAUSAGE

MILK

QUINOA

AVOCADO

BUTTER

PEANUT BUTTER

POTATOES

SPINACH

BEEF

BACON

CHEESE

HAM

Ben & Florentine Menu



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1015 av Wilfrid-Pelletier, Québec,
QC G1W 0C4, Sainte-Foy,
Canada

Opening Hours:

Monday 06:00 -15:00
Tuesday 06:00 -15:00
Wednesday 06:00 -15:00
Thursday 06:00 -15:00
Friday 06:00 -15:00
Saturday 07:00 -15:00
Sunday 07:00 -15:00

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