



DESSERTS

East Meets West™ Waffle

Our signature dessert!
Topped with vanilla & chocolate ice cream, strawberries, banana, strawberry puree & chocolate syrup 17.95 (840 Cals)

Nutella™ Banana Waffle nutella, chocolate ice cream, banana & chocolate syrup 19.95 (1980 Cals)

Chocolate Divine Waffle chocolate nut brownie, chocolate ice cream, chocolate syrup & banana 17.95 (1280 Cals)

Mini Croffles a croissant and waffle mix! One Nutella banana Croffle & one strawberry Croffle, both topped with sweet cream cheese and whipped cream 8.95 (780 Cals)

Affogato amaretto flavoured espresso poured over premium vanilla ice cream & topped with almond pieces 8.95 (620 Cals)

Snickers Cookie Supreme chocolate chip cookies, ice cream, snicker bites, chocolate and caramel sauces 14.95 (900 Cals)

Double Scoop Sundae two scoops of premium ice cream with chocolate sauce or caramel syrup 7.95 (480 Cals). Topped with strawberry (40 Cals) or banana slices (100 Cals) 1.75 each



East Meets West™ Waffle

CAKE SLICES & DESSERT BARS

Sky High Cakes 13.95 **Regular Cakes** 11.95 **Dessert Bars** 6.95

Visit the Showcase for today's selection of cakes & dessert bars or ask your server for recommendations.

Dessert à la mode Add a scoop of creamy vanilla or chocolate ice cream to your favourite dessert +2.95 (160 Cals)

WHOLE CAKES available for take out. Ask your server for details.



Symposium Signature Cakes

ICED DRINKS

Creamy Iced Cappuccino vanilla ice cream, espresso, milk 8.95 (250 Cals)

Creamy Iced Mochaccino chocolate ice cream, chocolate sauce, espresso, milk 8.95 (330 Cals)

Fresh Fruit Freezies Your choice of fruit blended to a refreshing iced slushie beverage 7.95 (90-150 Cals)

Dirty Sodas indulge in a refreshing, creamy, fizzy treat! 5.75 (100 Cals)

Strawberry Fizz coke, strawberry syrup, cream

Raspberry Pop sprite, raspberry syrup, cream

Peachy Zing ginger ale, peach syrup, cream



Milkshakes

FRESH FRUIT SHAKES

our ice cream milkshakes blended with fruit 10.95 (750- 850 Cals)

Choose one or a combination of fruits

Strawberry (40 Cals) **Blueberry** (70 Cals)

Banana (100 Cals) **Blackberry** (50 Cals)

Raspberry (60 Cals) **Pineapple** (60 Cals)

MILKSHAKES

Traditional Milkshakes made with milk and creamy smooth ice cream 9.95

Chocolate (820 Cals) **Strawberry** (850 Cals)

Vanilla (850 Cals) **Caramel** (780 Cals)

NON-ALCOHOLIC BEVERAGES

All Coffees available decaffeinated



Vanilla Chai Latte and Cafe Mocha

	Cals		Cals		Cals
Espresso	4.45	5	Vanilla Steamer	5.45	170
Double Espresso	5.45	10	Iced Latte	5.95	100
Americano	5.45	10	Italian Soda	4.25	80
Double Macchiato	5.75	15	(various flavours)		
Cafe Latte	5.95	100	Perrier	4.45	0
Vanilla Latte	6.65	170	Pop	3.95	0-160
Cappuccino	5.75	45	Hot Chocolate	5.45	200
Cafe Mocha	6.65	240	Chocolate Milk	4.25	210
Vanilla Chai Latte	6.65	220	Brewed Coffee	3.25	0
Add a flavour shot	0.70	80-100			
			Tea Orange Pekoe	3.25	0
			Tea Specialty & Herbal	3.95	0
			Tomato Juice	4.25	40
			Cranberry juice	4.25	120
			*Strawberry-Banana-OJ	5.95	130
			*Mango	5.95	140
			*Orange Juice	4.95	110

*Blend into an iced, fruit juice slushie (add .70)

Proudly Serving

No substitutions will be made for ingredients.

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary. Any add-ons or substitutions add indicated calories to total calorie count. indicates vegetarian menu item. All items identified with are made gluten free; however due to the possibility of cross contact with items we consider those items gluten-friendly. Please notify management if you have allergies.