KID'S MENU Ages 12 and under

ALL KID'S MENU MEALS INCLUDE A BEVERAGE & DESSERT.

Beverage Choice: fountain pop (0-70 Cals), iced tea (80 Cals), milk (60 Cals), chocolate milk (105 Cals), apple juice (50 Cals) or orange juice (60 Cals)

95

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180

	Cals
Llotil	450
• • • • • •	340
only	310
	380
r fruit cup	450 or 340
or fruit cup	410 or 310
	470
	300
	330
	r fruit cup

Dessert Choice: Fruit Cup, Brownie or Sundae

Fruit Cup	90
Fudge Nut Brownie Delight	460
Warmed fudge put brownie with ice cream, chocolate	sauce and

Warmed fudge nut brownie with ice cream, chocolate sauce and whipped cream.

Symposium brownies contain nuts and food items may have traces of nuts.

Sundae

Choice of chocolate or vanilla ice cream, topped with whipped cream and sprinkles.



No substitutions will be made for ingredients.

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary. Any add-ons or substitutions add indicated calories to total calorie count.